

Mamta Taruni Abhiyan

Schemes Details

Department	Health & Family Welfare Department
Objective	While there are many health schemes which cover adolescent mothers and girls in schools which covers Reproductive Child Health, Nutrition and Sexual Health, it has been observed that out of school unmarried or married adolescent girls and mothers are most vulnerable to early pregnancies, early marriages, high risk to STI/RTI/HIV. Mamta Taruni abhiyaan is a community based intervention under RCH-II to provide health care to out of school unmarried adolescent girls
Purpose	the health, nutrition, and hygiene of adolescent girls (aged 10–19 years) and pregnant women in Gujarat. It aims to reduce anemia and malnutrition, promote menstrual and reproductive health awareness, and provide access to regular health check-ups and nutritional support.
Benefits	Free distribution of IAF/Iodine tablets, nutrient supplements, Health counselling, nutrition awareness, Vaccination
Eligibility	1) Un-married adolescent girls/mothers (13-19 years of age)
Documents Required	Aadhaar Card Birth Certificate / School ID Pregnancy Certificate Income Certificate Address Proof Bank Account Details